

nCounter Low RNA Input Kit

Contents

Introduction
Primers
Materials and Equipment
Thermal Cycler Guidelines
Important Probe Handling Instructions
Sample Type Considerations
FFPE
Cell Lysates4
Sample Prep for Total RNA
cDNA Conversion
Multiplexed Target Enrichment
Low RNA Input Hybridization Protocol
Quick Start Guide for Low RNA Input Hybridization Protocol
Using Plus Reagents with Low RNA Input Assays
Sample Prep for Total RNA
cDNA Conversion12
Multiplexed Target Enrichment for Panel Plus
Low RNA Input Hybridization Protocol for Panel Plus14
Quick Start Guide for Panel Plus Low RNA Input Hybridization Protocol
Contact Information

Introduction

The nCounter Low RNA Input Kit enables the generation of high-quality gene expression profiling of up to 800 gene targets from as little as 1 ng of sample. The kit is optimized for use with RNA from formalin-fixed paraffin-embedded (FFPE) tissue as well as crude cell lysates. Additionally, the kit can be utilized in the study of low-expressing genes. The streamlined, user-friendly workflow and reliable results enable gene expression studies of small samples or low-expressing genes to be completed quickly and efficiently.

The kit produces enough target for detection in an nCounter hybridization assay via a two-step process: Input RNA is converted to cDNA, which is then amplified using target-specific primers. After enrichment, samples can be directly analyzed with nCounter hybridization reagents that assay target sequences internal to the corresponding low-input primers. No clean up or dilution of the enriched sample is required prior to analysis, simplifying the workflow and maximizing sensitivity.

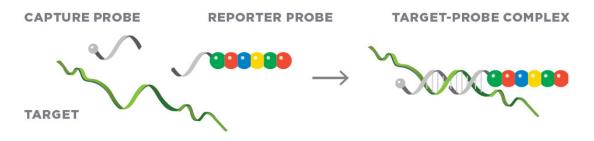


Figure 1. CodeSet chemistry: Capture and Reporter probes bind to the target.

Primers

Primer pools are available for many NanoString Gene Expression panels. Please visit the Low RNA Input Kit page for a list of primer pools. Low-input primers are provided at a final concentration of 500 nM per oligo in TE Buffer (pH 7.5).

Upon request, NanoString will provide low-input primer designs flanking the target sequences for custom CodeSets. As part of the CodeSet design process, NanoString can also provide information to design alternate primers if desired. For additional information or questions about primer design, please contact support@nanostring.com.



age

Materials and Equipment

	. –		
Kit	Reagents	Description	Stora
nCounter Low RNA Input Reagent Kit	10X RT Enzyme Mix	Contains reverse transcriptase	-20°C
(48 rxns)	10X RT Primer Mix	Contains primers for RT	-20°C
Catalog #: LOW-RNA-48, See specific Primer Pool	5X dT Amp Master Mix	Contains amplification polymerase and buffer	-20°C

Table 1. Materials provided with the nCounter Low RNA Input Reagent Kit

Table 2. Additional materials required (not provided)

Item	Manufacturer	Catalog Number
Primers	NanoString**	Various
Pipettes for 10–1,000 μL*	Various	Various
Manual multi-channel pipette for 200 µL*	Rainin	L12-200XLS+
12-strip standard tubes*	BioExpress	T-3034-1

*Alternative products can be used if they offer similar function and reliability.

******Contact support@nanostring.com on how to order low-input primers for custom design.

Table 3. Equipment required for use with the nCounter Low RNA Input Reagent Kit

Equipment
NanoString nCounter SPRINT, nCounter MAX, or nCounter FLEX Analysis System
Calibrated thermal cycler with heated lid
Microfuge or picofuge
Pipettes (p1000, p100, p20, p10)

Thermal Cycler Guidelines

Please note that a thermal cycler **with a heated lid** is required for this protocol. NanoString recommends using a model with a programmable heated lid. Models without programmable lids may reach a very high temperature that causes tubes to melt or deform. However, programmable lids may offer different levels of control.

- Ideally, NanoString recommends a thermal cycler with a heated lid that can adjust throughout the
 protocol. The heated lid should be set to 5°C greater than the current incubation temperature at any
 moment.
- Some heated lids cannot be assigned a floating temperature. In this situation, program the heated lid to be 5°C greater than the maximum temperature during the protocol. The heated lid should not exceed 110°C.



Important Probe Handling Instructions

- During setup, do not vortex or pipette vigorously to mix.
- Mixing should be done by flicking or inverting the tubes.
- If using a microfuge to spin down tubes, do not spin any faster than 1,000xg for more than 30 seconds.
- Do not "pulse" to spin because that will cause the centrifuge to go to the maximum speed and may spin the probes out of solution.

Sample Type Considerations

The nCounter Low RNA Input Reagent Kit is compatible with RNA obtained from a variety of sources, including formalin-fixed, paraffin-embedded (FFPE) samples. To ensure optimal performance with nCounter hybridization reagents in downstream assays, NanoString recommends utilizing the per reaction input amounts shown in Table 4.

Sample Type	Minimum Recommended Input Amount		
	Mass	Concentration	
Purified Fresh/Frozen RNA	500 pg	0.125 ng/µL	
Purified FFPE RNA	10 ng	2.5 ng/μL	
Cell Lysate	1 ng (or ~100 cells)	200 cells/μL	

Table 4. Sample Input Recommendations

FFPE

Successful amplification requires RNA fragments of sufficient length. As FFPE-derived RNA is often degraded, NanoString recommends evaluating RNA quality via an Agilent Bioanalyzer (or similar system) prior to amplification. Best results will typically be achieved with RNA samples for which at least 30% of the RNA fragments are 200 nucleotides in length or greater.

Cell Lysates

For applications involving small numbers of initial cells, such as flow-sorting, NanoString recommends sorting directly into a chemical- or detergent-based buffer (such as iScript or Cells-to-Ct) to maximize the concentration of cells in the lysate (up to ~2,000 cells/ μ L).

- Using a chemical- or detergent-based buffer at concentrations > 2,000 cells/µL is not recommended as this may result in incomplete cell lysis.
- It is important to remove and wash growth medium from cells as it may inhibit lysis and result in reduced assay performance.
- High concentrations of lysis buffer can inhibit the reverse transcription and subsequent amplification steps. It is important that lysis buffer make up no more than 10% (or 0.5 μL) of the 5 μL RT reaction volume.

The nCounter Low RNA Input Reagent Kit is incompatible with lysates prepared with chaotropic buffers, e.g., buffers containing guanidine salts, such as RLT.



Sample Prep for Total RNA

cDNA Conversion

IMPORTANT: Set up reactions *and* keep all components **on ice** during processing unless otherwise specified. Up to 4 μ L of sample may be used per reaction. If sample dilution is required, dilution in RNase-free H₂O is recommended.

- 1. **Remove 10X RT Primer Mix** from the freezer and **thaw** at room temperature. Invert several times to mix well and spin down reagent.
- 2. Add up to **4** µL of diluted sample to each well of a strip tube (see Table 4).
- 3. Make a **RT master mix** by combining the components as shown below in an RNase-free 0.5 mL tube. Gently **flick to mix** and **spin down** (at less than 1,000xg).

Reagent	Per sample	12 samples	24 samples	36 samples	48 samples
10X RT Enzyme Mix	0.5 μL	8 μL	15 μL	22 μL	30 µL
10X RT Primer Mix	0.5 μL	8 μL	15 μL	22 μL	30 µL

Table 5. RT Master Mix

- 4. Add 1 µL RT master mix to each sample (discard the remaining master mix volume).
- 5. Cap tubes; gently flick to mix and spin down.
- 6. Place strip tubes in a **thermal cycler** with a heated lid (which should be set to 5°C greater than the current incubation temperature at any moment) and run the following protocol:

Table 6. cDNA Conversion Thermocycler Settings

Step	Temperature	Time
Primer anneal	25°C	10 min
First strand cDNA synthesis	42°C	60 min
Enzyme inactivation	85°C	5 min
Hold	4°C	Forever

7. Proceed to multiplexed target enrichment. Keep reactions on ice or at 4°C if proceeding directly. For long term storage, cDNA should be stored at -80°C.

NOTE: Up to 1 μ L of the RT reaction may be reserved for troubleshooting purposes.



Multiplexed Target Enrichment

IMPORTANT: Set up reactions *and* keep all components **on ice** during processing unless otherwise specified. Save Master Kit strip tubes for the hybridization step for use on the nCounter platform.

- 1. **Remove Low-input Primers** from the freezer and **thaw** at room temperature. Invert several times to mix well and spin down reagent.
- 2. Make an **amplification master mix** by combining the components as shown below in an RNase-free 0.5 mL tube. Gently **flick to mix** and **spin down**.

Reagent	Per sample	12 samples	24 samples	36 samples	48 samples
5X dT Amp Master Mix	1.5 μL	21 μL	42 μL	63 μL	84 μL
Low-input Primers 500 nM per primer	1 μL	14 µL	28 µL	42 μL	56 μL

Table 7. Amplification Master Mix

- 3. Add **2.5 μL Amplification Master Mix** directly to each converted cDNA sample (previously, thaw cDNA on ice if it has been stored at -80°C).
- 4. Since strip tube caps may be warped in the thermal cycler, place **new** caps on tubes. Gently **flick to mix** and **spin down**.
- 5. Select the recommended number of amplification cycles based on the sample type.

 Table 8. Amplification Cycle Recommendations*

Total RNA	Minimum recommended # of Cycle	
Purified fresh/frozen RNA	8	
Purified FFPE RNA	10	
Cell Lysate	8	

* Optimal cycle number may be sample specific



6. Place strip tubes in a **thermal cycler** with a heated lid (set to 5°C greater than the current incubation temperature) and run the following protocol:

 Table 9. PCR Thermocycler Settings

Step		Temperature	Time
Initial Denaturation		95°C	10 minutes
# of cycles	Denature	95°C	15 seconds
(see Table 8)	Anneal	60°C	4 minutes
Hold		4°C	Forever

IMPORTANT: After multiplexed target enrichment, **incubate** the prepared samples for **2 minutes at 95°C** and then **snap cool on ice for at least two minutes** prior to proceeding to the hybridization reaction setup. The **entire volume of the MTE** reaction should be carried over **into the hybridization reaction** setup for maximum sensitivity. For long term storage, amplified product should be stored at -80°C.

NOTE: Successful amplification of purified RNA samples results in production of dsDNA which may be quantified on a Qubit or similar instrument capable of distinguishing dsDNA from ssDNA and RNA. Presence of genomic DNA in a sample will interfere with this type of quantification.



Low RNA Input Hybridization Protocol

WARNING: During setup of the assay, **do not vortex or pipette vigorously** to mix as it may shear the Reporter CodeSet. Mixing should be done by flicking or inverting the tubes. If using a microfuge to spin down tubes, do not spin any faster than 1,000xg for more than 30 seconds. Do not "pulse" to spin because that will cause the centrifuge to go to maximum speed and may spin the CodeSet out of solution.

- 1. **Pre-heat** the thermal cycler to **65°C** with a heated lid at **70°C**. Program the thermal cycler using **18** μL volume, calculated temperature, and heated lid.
- 2. **Remove Reporter CodeSet and Capture ProbeSet tubes** from the freezer and **thaw** at room temperature. Invert several times to mix well and spin down reagent.

IMPORTANT: After it has thawed, inspect the Reporter CodeSet tube to make sure no colored precipitate is present. If you see a colored precipitate, heat the entire tube to 75°C for 10 minutes and cool at room temperature before using.

 Create a hybridization master mix by adding 70 μL of hybridization buffer to the Reporter probes tube. Do not remove the Reporter probes from the tube. Do not add the Capture ProbeSet to the master mix.

Table 10. Hybridization Master Mix for one LI assay.

Component	Master Mix (µL)	Per Reaction (µL)
Reporter CodeSet	In tube (42)	3
Hybridization Buffer	70	5
Total Volume	112	8

- 4. Gently flick to mix and spin down.
- 5. **Label** the provided **12-tube hybridization strip**. Use **only** the strip tube(s) provided with the Master Kit. Ensure that they fit in your microfuge or picofuge and cut the strip in half if necessary.
- 6. Add 8 μL of master mix to each of the 12 tubes. (If water was added to the master mix, increase this volume as necessary). Use a fresh tip for each pipetting step to accurately measure the correct volume.
- 7. Add up to 8 μL of the prepared MTE reaction to each tube.
- 8. If necessary, add RNase-free water to bring the volume of each assay to 16 μL.
- 9. Invert the Capture ProbeSet tube to mix and spin down the contents.
- 10. Add 2 μL of Capture ProbeSet to each tube. Use a fresh tip for each pipetting step to accurately measure the correct volume. Cap tubes and mix the reagents by inverting the tubes several times and flicking with a finger to ensure complete mixing. Briefly spin down and immediately place the tubes in the pre-heated 65°C thermal cycler.

NOTE: Minimizing the time between addition of the Capture ProbeSet and incubation at 65°C will increase assay sensitivity.



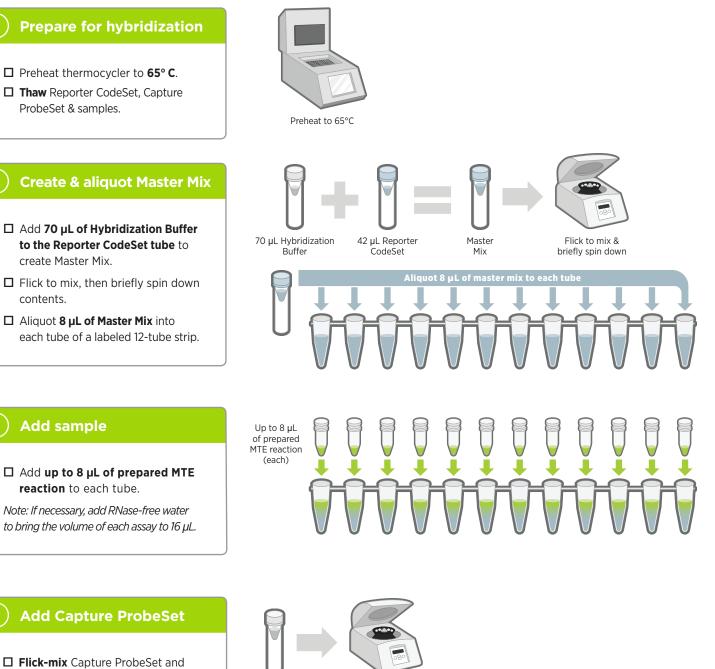
11. Incubate reactions for at least 16 hours. Maximum hybridization time should not exceed 48 hours. Ramp reactions down to 4°C and process the following day. Do not leave the reactions at 4°C for more than 24 hours or increased background may result.

NOTE: The purpose of selecting a fixed hybridization time followed by a ramp down to 4°C is to ensure equivalent hybridization times of all assays being directly compared in the same series of experiments. Counts continue to accumulate with time, with total counts typically increasing 5% per hour between 16 and 24 hours. Although a 16-hour incubation is adequate for most purposes, a longer incubation will increase sensitivity by increasing counts without significantly increasing background.

12. Once the hybridization reactions have been removed from the thermal cycler, **proceed immediately to an nCounter Prep Station or SPRINT** as described in the nCounter Analysis System User Manual (MAN-C0035) or nCounter SPRINT User Manual (MAN-10017).

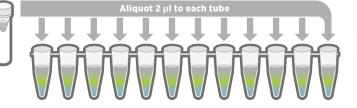


Quick Start Guide Low RNA Input Hybridization Protocol



- spin down briefly.
- Add 2 µL of Capture ProbeSet to each tube.
- □ Cap tightly, **flick-mix**, and **spin down briefly**.

Capture ProbeSet Flick to mix & briefly spin down





Flick to mix & briefly spin down



Immediately place tubes in the thermocycler at 65° C for
 16-24 hours. Maximum hybridization time should not exceed 48 hours.





65°C for 16-24 hours (48 hours maximum)

OPTION A: Use nCounter[®] MAX/FLEX



6a) Load nCounter MAX/FLEX

See MAN-CO035, nCounter Analysis System User Manual for details.

OPTION B: Use nCounter [®] SPRINT
(b) Load nCounter SPRINT
See MAN-10017, nCounter SPRINT Profiler User Manual for details.

Using Plus Reagents with Low RNA Input Assays

Sample Prep for Total RNA

cDNA Conversion

IMPORTANT: Set up reactions *and* keep all components **on ice** during processing unless otherwise specified. Up to 4 μ L of sample may be used per reaction. If sample dilution is required, dilution in RNase-free H₂O is recommended.

- 1. **Remove 10X RT Primer Mix** from the freezer and **thaw** at room temperature. Invert several times to mix well and spin down reagent.
- 2. Add up to $4 \mu L$ of diluted sample to each well of a strip tube (see Table 4).
- 3. Make a **RT master mix** by combining the components as shown below in an RNase -free 0.5 mL tube. Gently **flick to mix** and **spin down**.

Reagent	Per sample	12 samples	24 samples	36 samples	48 samples
10X RT Enzyme Mix	0.5 μL	8 μL	15 μL	22 μL	30 µL
10X RT Primer Mix	0.5 μL	8 μL	15 μL	22 μL	30 µL

Table 11. RT Master Mix

- 4. Add **1 µL RT master mix** to each sample (discard the remaining master mix volume).
- 5. Cap tubes and gently flick to mix. Briefly spin down at less than 1,000xg.
- 6. Place strip tubes in a **thermal cycler** with a heated lid (which should be set to 5°C greater than the current incubation temperature at any moment) and run the following protocol:

Table 12. cDNA Conversion Thermocycler Settings

Step	Temperature	Time
Primer anneal	25°C	10 min
First strand cDNA synthesis	42°C	60 min
Enzyme inactivation	85°C	5 min
Hold	4°C	Forever

7. Proceed to **multiplexed target enrichment**. Keep reactions on ice or at 4°C if proceeding directly. For long term storage, cDNA should be stored at -80°C.

NOTE: Up to 1 μ L of the RT reaction may be reserved for troubleshooting purposes.



Multiplexed Target Enrichment for Panel Plus

IMPORTANT: Set up reactions *and* keep all components **on ice** during processing unless otherwise specified.

- 1. **Remove all Low-input Primers** from the freezer and **thaw** at room temperature. Invert several times to mix well and spin down reagent.
- 2. Make an **amplification master mix** by combining the components as shown below in an RNase-free 0.5 mL tube. Gently **flick to mix** and **spin down**.

Reagent	Per sample	12 samples	24 samples	36 samples	48 samples
5X dT Amp Master Mix	1.5 μL	21 µL	42 μL	63 μL	84 μL
Low-input Primers 500 nM per primer	1 μL	14 μL	28 μL	42 μL	56 μL
Low-input Panel Plus Primers 500 nM per primer	1 µL	14 μL	28 μL	42 μL	56 μL

 Table 13. Amplification Master Mix

- 3. Add **3.5 μL Amplification Master Mix** directly to each converted cDNA sample (previously, thaw cDNA on ice if it has been stored at -80°C).
- 4. Since strip tube caps may be warped in the thermal cycler, place **new** caps on tubes. Gently **flick to mix** and **spin down**.
- 5. Select the recommended number of amplification cycles based on the sample type.

 Table 14. Amplification Cycle Recommendations*

Total RNA	Minimum recommended # of cycles	
Purified fresh/frozen RNA	8	
Purified FFPE RNA	10	
Cell Lysate	8	

* Optimal cycle number may be sample specific

6. Place strip tubes in a **thermal cycler** with a heated lid (set to 5°C greater than the current incubation temperature) and run the following protocol:

 Table 15. PCR Thermocycler Settings

Step		Temperature	Time
Initial Denaturation		95°C	10 minutes
# of cycles	Denature	95°C	15 seconds
(see Table 8)	Anneal	60°C	4 minutes
Hold		4°C	Forever

IMPORTANT: After multiplexed target enrichment, **incubate** the prepared samples for **2 minutes at 95°C and then snap cool on ice for at least two minutes** prior to proceeding to the hybridization reaction setup. The **entire volume of the MTE** reaction should be carried over **into the hybridization reaction** setup for maximum sensitivity. For long-term



storage, amplified product should be stored at -80°C.

Low RNA Input Hybridization Protocol for Panel Plus

WARNING: During setup of the assay, **do not vortex or pipette vigorously** to mix as it may shear the Reporter CodeSet. Mixing should be done by flicking or inverting the tubes. If using a microfuge to spin down tubes, do not spin any faster than 1,000xg for more than 30 seconds. Do not "pulse" to spin because that will cause the centrifuge to go to maximum speed and may spin the CodeSet out of solution.

- 1. **Pre-heat** the thermal cycler to **65°C** with a heated lid at **70°C**. Program the thermal cycler using **21 μL** volume, calculated temperature, and heated lid.
- 2. **Remove Reporter CodeSet, Capture ProbeSet, and Plus tubes** from the freezer to thaw at room temperature. Invert several times to mix well and spin down reagents.

IMPORTANT: After it has thawed, inspect the tube of Reporter CodeSet to make sure no colored precipitate is present. If you see a colored precipitate, heat the entire tube to 75°C for 10 minutes and cool at room temperature before using.

3. Create a hybridization master mix by adding the following reagents to the Reporter CodeSet tube. Do not remove the Reporter CodeSet from this tube. Do not add the Capture ProbeSet or Capture Plus reagent to the master mix.

Component	Master Mix (µL)	Per Reaction (µL)	
Reporter CodeSet	In tube (42)	3	
Reporter Plus	28	2	
Hybridization Buffer	70	5	
Total Volume	140	10	

Table 17. Hybridization Master Mix with Plus reagents for one LI assay.

- 4. Gently flick to mix and spin down.
- 5. **Label** the provided **12-tube hybridization strip**. Use **only** the strip tube(s) provided with the Master Kit. Ensure that they fit in your microfuge or picofuge and cut the strip in half if necessary.
- 6. Add **10 μL** of the **Reporter/Hybridization Buffer master mix** to each of the tubes. Use a fresh tip for each pipetting step to accurately pipette the correct volume.
- 7. Add up to **8 µL** of **prepared MTE reaction** to each tube.
- 8. If necessary, add RNase-free water to bring the volume of each assay to 18 µL.
- 9. Add **14 μL** of **Capture-Plus reagent to** the thawed aliquot of **Capture ProbeSet**. Gently **flick to mix** and **spin down**.
- 10. Add 3 μL of Capture ProbeSet and Plus reagent mix to each tube (21 μL total volume) immediately before placing at 65°C. Use a fresh tip for each pipetting step to accurately pipette the correct volume. Cap tubes and mix the reagents by inverting the tubes several times and flicking with a finger to ensure complete mixing. Briefly spin down and place the tubes in the pre-set 65°C thermal cycler.



11. **Incubate** reactions **for at least 16 hours**. Maximum hybridization time should not exceed 48 hours. Ramp reactions down to 4°C and process the following day. Do not leave the reactions at 4°C for more than 24 hours or increased background may result.

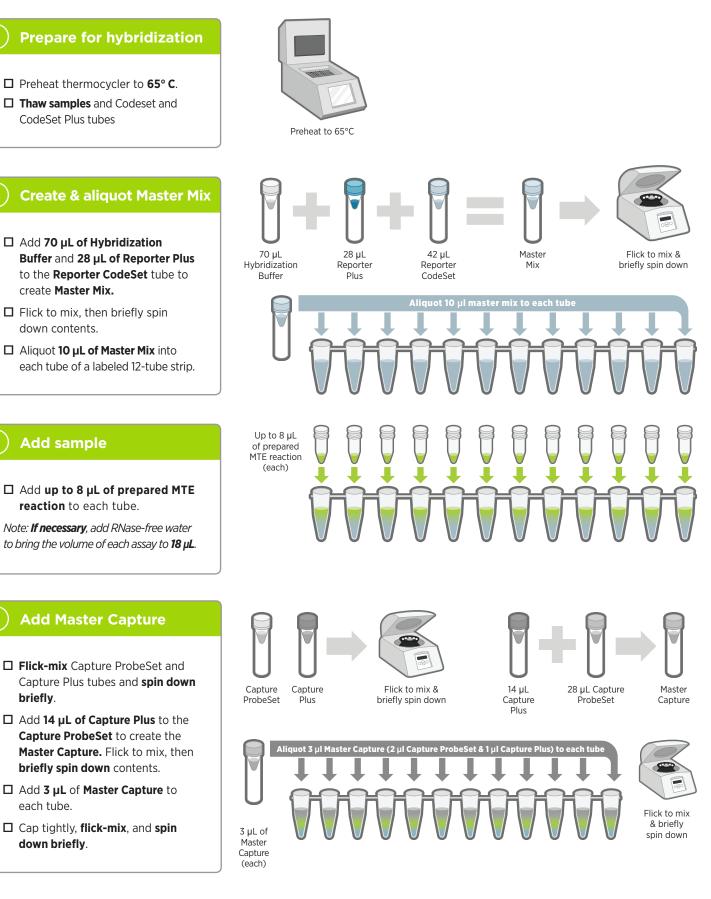
NOTE: The purpose of selecting a fixed hybridization time followed by a ramp down to 4°C is to ensure equivalent hybridization times of all assays being directly compared in the same series of experiments. Counts continue to accumulate with time, with total counts typically increasing 5% per hour between **16 and 24 hours**. Although a 16-hour incubation is adequate for most purposes, a longer incubation will increase sensitivity by increasing counts without significantly increasing background.

12. Once the hybridization reactions have been removed from the thermal cycler, **proceed immediately to an nCounter Prep Station or SPRINT** as described in the nCounter Analysis System User Manual (MAN-C0035) or nCounter SPRINT User Manual (MAN-10017).



Quick Reference Low RNA Input Plus Hybridization Protocol

Please read through the full protocol before beginning. This illustrated workflow is intended for quick reference at the bench.





Immediately place tubes in the thermocycler at 65° C for
 16-24 hours. Maximum hybridization time should not exceed 48 hours.





65°C for 16-24 hours (48 hours maximum)

OPTION A: Use nCounter[®] MAX/FLEX



6a) Load nCounter MAX/FLEX

See MAN-CO035, nCounter Analysis System User Manual for details.

OPTION B: Use nCounter [®] SPRINT
(b) Load nCounter SPRINT
See MAN-10017, nCounter SPRINT Profiler User Manual for details.

Intellectual Property Rights

This nCounter Low RNA Input Amplification Kit User Manual and its contents are the property of NanoString Technologies, Inc. ("NanoString"), and are intended for the use of NanoString customers solely in connection with their operation of the nCounter Analysis System. The nCounter Analysis System (including both its software and hardware components) and this User Manual and any other documentation provided to you by NanoString in connection therewith are subject to patents, copyright, trade secret rights, and other intellectual property rights owned by or licensed to NanoString. No part of the software or hardware may be reproduced, transmitted, transcribed, stored in a retrieval system, or translated into other languages without the prior written consent of NanoString. For a list of applicable patents, see www.nanostring.com/company/patents.

Limited License

Subject to the terms and conditions of sale of the nCounter Analysis System, NanoString grants you a limited, nonexclusive, non-transferable, non-sublicensable, research use only license to use this proprietary nSolver[™] software with the nCounter Analysis System only in accordance with this manual, the manual for the nCounter Analysis System, and other written instructions provided by NanoString. Except as expressly set forth in the terms and conditions, no right or license, whether express, implied, or statutory, is granted by NanoString under any intellectual property right owned by or licensed to NanoString by virtue of the supply of this software or the proprietary nCounter Analysis System. Without limiting the foregoing, no right or license, whether express, implied, or statutory, is granted by NanoString to use the nSolver Analysis Software or nCounter Analysis System with any third-party product not supplied or licensed to you by NanoString or recommended for use by NanoString in a manual or other written instruction provided by NanoString.

Trademarks

NanoString, NanoString Technologies, the NanoString logo, and nCounter are trademarks or registered trademarks of NanoString Technologies, Inc., in the United States and/or other countries

Copyright

© 2016–2020 NanoString Technologies, Inc. All rights reserved.

Contact Information

NanoString Technologies, Inc. 530 Fairview Avenue North Seattle, Washington 98109 USA

Tel: +1 888 358 NANO (+1 888.358.6266)

Email: support@nanostring.com Website: www.nanostring.com

